

# Activity Plan Form – APPROVED Off-Campus Lab Site

PLEASE PHOTOCOPY BEFORE USING

"GOGO GRAPES"

You must complete this form and have it signed by the lab site classroom teacher before you can do the activity with the children.

## Lab Site Classroom Teacher Signature

Name CAROLINE HUNT Professor DR. ZWEIG

Course CDEC 1313 Date \_\_\_\_\_

Activity LAB#3 / BOOK SELECTION Age of Children 3-4 YRS

Purpose/Goal of Activity: TO TEACH THEM ABOUT FRUIT AND CHOICES THEY CAN MAKE.

**OBJECTIVES:** Describe specific learning objectives, in 5-7 words

1. The child will be able to: WANT TO TRY NEW FRUITS AFTER SEEING PICTURES OF DIFFERENT FRUITS.
2. The child will be able to: WILL BE ABLE TO IDENTIFY 5 FRUITS
3. The child will be able to: WILL BE ABLE TO PICK OUT FRESH FRUIT AT THE GROCERY STORE.

**MATERIALS NEEDED:** (Be specific—you must provide materials or make sure the lab site has them available for you to use BEFORE the activity) BOOK, PUPPETS, GROCERY CART ACTIVITY, GLUE STICKS, FRUIT FACE ACTIVITY

**Time Needed for Activity:** 10-15 minutes

**GROUP SIZE:** 10-15 **LOCATION:** (table, outside, a center, etc.) 1. READ IN CENTER CIRCLE.  
2. ACTIVITIES IN ART CENTER.

## PROCEDURE FOR ACTIVITY:

**Please type on separate paper including:** your setup, a transition into the activity, how you will introduce the activity, each step of what you will do and a transition out of the activity. Include 2 or 3 open-ended questions you can ask the children during the activity.

**Three children's books related to topic. Include title, author, publication date & summary:**

1. THE FRUIT GROUP, HELEN FROST (2000) DESCRIBES THE FOOD PYRAMID AND WHAT PART FRUIT PLAYS IN THE PYRAMID.
2. Apple, NIKKI MCCLURE (2012) Goes Through the Season of an Apple.
3. To Market, to Market, NIKKI MCCLURE (2011) Follows a man and son as they go the store and get things on their shopping list.

**Two follow-up activities:**

1. GROCERY CART ACTIVITY - the kids will pick out 5 fruits and glue stick them in their basket.
2. FRUIT FACE ACTIVITY - the kids will pick out 5 fruits and glue stick them on a paper plate to make a fruit face.

Lab Project #3

Caroline Hunt

Dr. Zweig

### **Activity Plan for Book Selection Lab**

Procedure for Activity:

Set- up: I will have my book and puppets ready to go for the center. I will have grocery cart and fruit face activities all cut out and set out in the art center.

Transition/Introduction into Activity: Tell the kids to come to the circle center and that they are going to get to hear a book about different fruits and they are going to see fruit puppets dance around.

Each step of the Activity: I am going to read the book to the kids and have the puppets of the different fruits to hold up and dance around for each of the pages with the different fruits on them. After the book I will ask them to start making new choices in picking out new and different fruits to eat.

Transition out of Activity: I will have the children go the art center to do the 2 follow up activities which I will explain to them before they go over there to do the projects.

Questions that I can ask the children about the book.

1. What is your favorite fruit?
2. What kind of fruits did you see that you might like to try?

### **3 Children's Books Related to Topic**

1. Frost, Helen (2000) The Fruit Group

This book is about the food pyramid and the part that fruit plays in the way to eat healthy.

2. McClure, Nikki (2012) Apple

This cute picture goes through the life cycle of an apple.

3. McClure, Nikki (2011) To Market, To Market

This book follows a Mother and Son as they go to the grocery store and get things on their shopping list.