

Caroline Hunt

Lab Project #3

CDEC 2340.S01

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For my activity I talked and read to the children about having Type 1 Diabetes. The book I read was called "Taking Diabetes to School". I told the children about how to manage diabetes and where diabetes comes from. It went well the children, I felt that the children were a little distracted, but I got them more engaged by the little diabetic bears that I brought to demonstrate with. I felt like some of the children liked it more than others. I felt like this activity was good for the children to learn because if that child knows a friend or classmate who has Type 1 diabetes, they will know what it is about. The book also explains about nutrition and what kinds of foods and Type 1 diabetic should and should not eat. This was helpful in explaining to them why I can't eat certain foods, like cake and cookies. This helps the kids to talk to other kids about their disabilities. A lot of the children from past and present years kept asking me about my Omni Pod insulin pump and Dexcom and I always say to them that it is my medicine that I must take to keep me healthy but now I have prepared a lesson for them and now they don't have to ask me anymore.